

# Paul Gayler MBE

## BIOGRAPHY



**Paul Gayler MBE** is recognised as one of the country's culinary masters, he is also an accomplished food writer with twenty-one titles to his name and a regular contributor to a host of popular food television programmes.

**Paul** was 12 when he decided to be a chef and he began in the kitchens of his parents' catering company. At 16, he went to train at the Crillon Hotel in Paris and then returned to London to work at the Dorchester with Anton Mosimann. This gave him a deep admiration for classical French cuisine and now he describes his cooking as 'global contemporary'. In 1982, **Paul** was appointed head chef at London's legendary Inigo Jones where he revolutionised the menu. It was there that he pioneered 'Vegetarian Haute Cuisine'.

**Paul's** impressive culinary background led to his appointment as Executive Chef at The Lanesborough Hotel London in 1991 until December 2013 when the hotel closed for renovations and Paul moved on to new projects. He has now set up his own consultancy business called 'Feedback' where he consults on hospitality and food related issues both here and abroad.

His many television appearances include *Take Six Cooks*, *BBC1's Hot Chefs*, *Surprise Chefs*, *Quisine* and, *HTV's* vegetarian cookery show *Green Grow the Dishes*. He has been a regular chef on *ITV's This Morning* and filmed his own 13 part series for the Carlton Food network, *The Green Gourmet*.

**Paul** is an accomplished cookery author and his books include *Virtually Vegetarian*, *The Gourmet Burger*, *A Passion for Cheese*, *The Ultimate Vegetarian Cookbook*, *A Passion for Vegetables*, *Pure Vegetarian*, *World Breads*, the 'Little Book of...' series, *Paul Gayler's Sauce Book*, *Sausages*, *Mediterranean Cook*, *Great Homemade Soups*, and the latest book, *Chicken and Other Birds*, published 20<sup>th</sup> August 2015 by Jacqui Small.

He has received a number of prestigious accolades, including twice winning the Mouton Cadet competition, and is also a two-time finalist of the Prix Culinaire International Pierre Taittinger. In 2012 he received an MBE for services to the hospitality industry and charities. In November 2012 he was also awarded the prestigious Outstanding Contribution to the Hotel Industry award at the Hotel Cateys.

**Gayler** is a towering figure in the British food industry, revered as much for his extraordinary culinary talents as for his generous dedication to charitable causes. He helped to establish 'The Emily Begg Fund', an organization that raises money for The Teenage Cancer Trust, in remembrance of a family friend. His own son's injury while on active service in Afghanistan galvanized him to assemble his own battalion of skilled and famous 'Chefs For Heroes' who cater for numerous fundraising events in support of wounded Armed Forces personnel.

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