

BIOGRAPHY

Alastair Hendy



Alastair Hendy is an entirely self-taught cook, beginning at the age of six. He studied Theatre and Costume Design at *Central St Martins*, London, followed by some time as Display Manager for *Habitat* Stores. He then dealt in Twentieth Century furniture and objects from a shop in Marylebone, London.

His full time cookery career began when he became a runner-up in *BBC Good Food Magazine's Italian Cook of the Year* competition, followed by a brief stint as pudding and salad chef at *Antonio Carluccio's* Neal Street restaurant, London. He then started contributing to *You* magazine, *Mail on Sunday* and *Guardian Weekend*, and *Waitrose Food Illustrated*.

He launched the food pages of *Red* magazine (and was food editor for the first six issues) and was the Photographic Art Director for *Eat It* and Creative Director for *Live It*, Sir Terence Conran's food and lifestyle magazines, and has been food editor of *Livingetc* .

Alastair was the food and cookery writer for *The Sunday Times* 1999 - 2002.

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