

Ruth Cowen

BIOGRAPHY



Ruth Cowen is a social and culinary historian, journalist, editor, author, speaker and broadcaster.

Her journalistic work includes reporting across food, travel, theatre and features for The Guardian, The Express and Sunday Express, as well as freelance writing for other national newspapers and The Radio Times. She was also a columnist for Eve magazine.

Ruth has written many shows for BBC Radio 4 including *In an English Pleasure Garden*, and *Cathedral of Dreams* which won the CCC Gold Award for Broadcasting. She also wrote and presented *The Jewish Connection* series on the Westminster Hour, BBC Radio 4 and Percy Sherwood: An English exile in London, BBC Radio 3. **Ruth** has also contributed to programmes including *The Long View*, *The Food Programme*, *Questions*, and many more.

Her first book *Relish: The Extraordinary Story of Alexis Soyer, Victorian Celebrity Chef*, was published by Weidenfeld & Nicolson in 2007 to huge success winning *The Jeremy Round First Book Award*, and *The Guild of Food Writers Book of the Year* and was a finalist for *The Glenfiddich Award* and *The Glen Dimplex First Book Award*. In 2010 a sell-out adaptation of *Relish* was produced by the National Youth Theatre in London.

Ruth is also an experienced book editor and has worked on many books including the *Forgotten Voices* series by Max Arthur OBE. She also edited *A Nurse at the Front* (Simon & Schuster and the IWM) which was A Sunday Times Bestseller, March 2013.

As an expert commentator for television, **Ruth** has appeared on *Market Kitchen* (Good Food channel), *Supersizers... Go Victorian*, *Hairy Bikers Everyday Gourmets: Restaurant Revelations*, *The Great British Bake-Off* (BBC2), *Marco Pierre White's Great British Feast*, *The Alan Titchmarsh Show* (ITV), and many more.

Ruth is an excellent public speaker and in April 2013 gave a four week lecture series on Gastronomic History at The Victoria & Albert Museum.

For full details visit us at: www.limelightmanagement.com
To make any enquiries please email us: mail@limelightmanagement.com