

# Jacqui Marson

## BIOGRAPHY



**Jacqui Marson** is a chartered counselling psychologist, author and broadcaster.

She is highly qualified in her field with a BSc in Psychology, MSc in Counselling Psychology and MSc in Advanced Counselling Psychology. She was trained in Bristol and London and has worked as a counselling psychologist for more than 15 years, ranging from bereavement support and community care to the specialist perinatal mental health unit at St Thomas' hospital maternity service and the crisis intervention service at Holloway Prison.

Her rich and multi-faceted training allows the flexibility to draw on a wide range of therapeutic approaches. **Jacqui** is registered with the Health Professions Council (HPC) and the British Psychological Society (BPS).

**Jacqui** is the resident psychologist for 5 News and had a very popular column, Fast Therapy, in *Psychologies* magazine. She has also appeared several times on *Lorraine* (ITV), BBC Radio 4, BBC Five Live and BBC Radio London, and co-presented the BBC1 relationship makeover series *Life's Too Short*.

She runs training and workshops around the world with fellow author and therapist Val Sampson in team-building, maximising confidence and communication skills.

**Jacqui's** first book, *The Curse of Lovely: How to break free from the demands of others and learn how to say no*, was published by Piatkus in March 2013.

[www.jacquimarson.co.uk](http://www.jacquimarson.co.uk)

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To make any enquiries please email us: [mail@limelightmanagement.com](mailto:mail@limelightmanagement.com)

Limelight Celebrity Management Ltd, 10 Filmer Mews, 75 Filmer Road, London SW6 7JF. Telephone: 020 7384 9950. Fax: 020 7384 9955.

email: [mail@limelightmanagement.com](mailto:mail@limelightmanagement.com) website: [www.limelightmanagement.com](http://www.limelightmanagement.com)

Registered Address: 5 Elstree Gate, Elstree Way, Herts WD6 1JD. Registered in England No: 7050137

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