

Roopa Gulati

BIOGRAPHY



Chef, food writer and broadcaster **Roopa Gulati** was brought up in Cumbria. At 18 she moved to London to hone her rough-hewn northern culinary style at the Cordon Bleu cookery school, and after completing her training left England for an arranged marriage in India – her home for the next two decades.

During her time in India, **Roopa** managed the British High Commission restaurant, worked as Consultant Chef to the luxurious Taj hotel group, and ran her own catering business. Eventually she would become a household name across Asia, with a daily cookery slot on Star TV's *Good Morning India*. In the UK, she has been featured on programmes such as BBC 1's *Saturday Kitchen* and BBC Radio 4's *Food Programme*.

Roopa was Food Editor at the *Good Food Channel* for several years, and is currently Culinary Editor at *Company of Cooks* – a restaurant group with venues across London, including The Royal Opera House and the Southbank Centre. She was assistant producer for the series, *Rick Stein's India*, broadcast on BBC2 in July 2013.

Roopa lives in London and is a respected journalist, contributing features to many high profile food publications including *Good Food Magazine*, *Waitrose Kitchen*, and *Observer Food Monthly*, as well as being a regular restaurant critic for *Time Out* magazine and *Time Out* guides.

She has authored and contributed to books including *Curry: Fragrant Dishes from India, Thailand, Malaysia and Indonesia* (Dorling Kindersley 2006), *Curry Lovers* (Jacqui Small 2007) and *Soups* (Dorling Kindersley, 2009).

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