

Lucy Young

BIOGRAPHY



Lucy Young has worked in the wonderful business of cooking for over 20 years. She is Cordon Bleu trained and for the last 20 years has worked with the acclaimed cookery writer Mary Berry, testing recipes, and teaching at her AGA Workshops. Mary Berry describes her as 'a truly exceptional cook' and she is an important part of the recipe development for all Mary's books.

Lucy helped set up the very first AGA Workshop in July 1990 at Mary Berry's home and taught on every course, some 14,000 guests to date. Her expertise is both in AGA demonstrations, and in creating and demonstrating hassle-free recipes to cook for family and friends.

Lucy is recognised as an AGA expert and teaches in AGA Shops and cookery schools around the country as well as appearing alongside Mary Berry at events such as BBC Good Food Show.

Lucy was a regular guest on *Great Food Live* and *Great Food Bites* - the ever-popular live food shows broadcast on the UKTV Good Food channel. She has also been interviewed many times on BBC Radio 2 and local radio.

Lucy has written monthly recipe columns for *Country Kitchen Magazine*, and *The Aga Magazine*. She has also written individual articles for many magazines including *Antony Worrall Thompson at Home*, *BBC Homes and Antiques Magazine* and *Rachel Allen at Home*. For many years she has written for *Aga Living Magazine*.

Lucy is a member of *The Guild of Food Writers* and has written seven books; *Secrets from a Country Kitchen*, *Aga Easy*, *Secrets of Aga Cakes*, *Tips for Better Baking*, *Secrets of Aga Puddings*, and her latest book, *The Complete Aga Cookbook* by Mary Berry and Lucy Young, published by Headline, 24th September 2015.

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