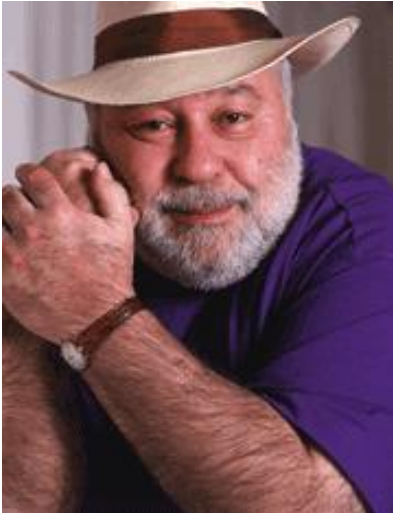


Michael Van Straten

BIOGRAPHY



Health Food Manufacturers' Association *Health Journalist of the Year 2004*

Michael Van Straten is a practising, naturopath, acupuncturist and nutritional consultant. He's also one of the UK's most respected medical authors, broadcasters and journalists and has written more than 40 books, which have sold over a million copies worldwide.

Widely regarded as a pioneer of modern complementary medicine, **Michael** has cared for an amazing list of royalty, stage, film and TV Stars; Pop and Classical Musicians, and Sporting personalities from tennis players and Olympic athletes, to racing drivers and footballers.

Michael's voice is well known from broadcasting with LBC radio every weekend for 30 years, and now broadcasts a regular show in France. He is a past Governor of the British College of Naturopathy and Osteopathy and has served two terms as President of British Naturopathic and Osteopathic Association.

His accomplishments as an author include the bestselling series of *Superfoods* health/cook books and he was Consultant Editor to the Reader's Digest reference work *Foods That Harm, Foods That Heal*. Other books include *Foods for Mind and Body*, *The Family Medicine Chest*, a book of home remedies and *Organic Living*. The *Superfoods* series include *Superherbs*, *Superboosters*, *Organic Superfoods*, and the very successful *Superjuice*.

A new edition of *Superjuice* was published in June 2014, and his latest title ***Super Soups*** in January 2015, both published by Mitchell Beazley.

Michael's website offers a monthly newsletter of health advice, as well as a bank of recipes and other health information. www.michaelvanstraten.com

For full details visit us at: www.limelightmanagement.com
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