

Ursula Ferrigno BIOGRAPHY



Ursula Ferrigno is an acclaimed food writer and chef who embodies the Italian and Mediterranean passion for good food made from the freshest natural ingredients. She specialises in Italian, vegetarian, baking, and gluten-free recipes.

Ursula trained at the Auguste Escoffier School of the Culinary Arts and has herself taught at leading cookery schools in both the UK and Italy, including Leith's School of Food and Wine, Divertimenti and La Cucina Caldesi. She has also toured the United States, running classes in all Sur la Table stores.

She toured the United States, running classes in all Sur la Table stores, has been consultant chef to the popular *Caffè Nero* chain for over 15 years and is a regular guest chef at RSJ restaurant in London.

Having been raised with bread on the table at every meal, **Ursula** is a passionate baker. With Italian breads her speciality, she teaches both professionals and amateurs to make an array of national and regional breads from Ciabatta and Focaccia to volcanic Stromboli. She is the driving force behind *National Breadmaking Week*.

She has appeared on many television programmes including *Good Food Live, BBC Radio 4's The Food Programme, GMTV's Saturday Disney, Granada TV, and BBC North* and has been profiled in a number of magazines. **Ursula** presented three programmes for *HTV's* cookery series *Green Grow the Dishes*. More recently, in 2013 she was a judge on *Royal Chef*, a new cookery series for Israeli television.

A prolific author of more than 18 books, **Ursula** has also written for various publications, including *Olive, BBC Good Food, The Observer* and *Taste Italia.* Her books include: *Trattoria, La Dolce Vita, The New Family Bread Book, Ursula Ferrigno's Italian Cookery Course, A Gourmet Guide to Oil and Vinegar, and Flavours of Sicily* published 2016.

Ursula's latest title is Lemons and Limes, published by Ryland Peters and Small, April 2017.

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Limelight Celebrity Management Ltd

10 Filmer Mews, 75 Filmer Road, London SW6 7JF Telephone: +44(0)20 7384 9950 Fax: +44(0)20 7384 9955 Email: mail@limelightmanagement.com Website: www.limelightmanagement.com Registered Address: Lynwood House, 373-375 Station Road, Harrow, Middx HA1 2AW Registered in England No: 7050137

VAT Reg No: 649 2735 07