

Judith Hann

BIOGRAPHY



Judith Hann is an author, broadcaster, speaker and leading authority on healthy eating and the science of herbs. She has written many books on science, medicine, health and food, selling over a million copies in 20 different languages.

For 20 years **Judith** presented the BBC's popular science programme *Tomorrow's World*, which was seen weekly by up to 12 million viewers. She has also written and presented programmes like BBC1's *Watchdog Healthcheck*, and her own 8-part BBC TV series, *The Taste of Health*.

During her TV career **Judith** worked with some of Britain's most talented chefs, learning everything she could about cooking with herbs. She went on to write about many of her favourite culinary herbs in her book 'The Food of Love', and in the Herb Society magazine 'Herbs', before becoming the Society's president for two years.

Her latest book, *HERBS*, was published by Nourish Books in August 2017, and includes all of her popular recipes and information on how to grow herbs successfully.

Judith now runs courses on growing and cooking herbs at her beautiful herb garden, containing over 150 herb varieties, which she built from a derelict pig yard on her small farm in the South Cotswolds.

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