

Fiona Phillips

BIOGRAPHY



Fiona Phillips is one of the country's foremost broadcasters, best known for her 12 years presenting GMTV; ITV's hugely popular flagship breakfast show.

Throughout her career **Fiona's** genuine warmth, intellect and sense of humour has won her the affection of a national audience.

Her presenting career includes the deeply personal Mum, Dad, Alzheimer's and Me for Channel 4's Dispatches and ITV documentary The Killer in Me, as well as BBC1's Watchdog, ITV's Lorraine, and three highly acclaimed BBC1 Panorama films; Finished at 50?, Undercover Elderly Care, and Hacked: Smart Home Secrets.

Most recently she presented three episodes for BBC1's The Truth About documentary series on Sugar, Healthy Eating, and Stress, new BBC1 series Holding Back The Years, and Channel 5's Shop Smart Save Money, and The Trouble With M&S.

She has hosted her own shows on BBC London and Smooth Radio, and guest presented for BBC London's Jo Good and BBC Radio 5 Live's Simon Mayo.

As a writer **Fiona** has contributed to numerous publications and currently has a weekly opinion column in Daily Mirror and Mirror Online.

Her book, The Sunday Times Top Ten best-seller 'Before I Forget', was published in 2010 by Random House.

Fiona is an ambassador for the People's Postcode Lottery, an organisation whose players have helped raise over £272 million for a number of national and global charities and initiatives, something she's incredibly proud to be a part of. She also champions a number of charities connected to Alzheimer's disease, elderly care, and mental health.

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