



Jo Hemmings

BIOGRAPHY



Jo Hemmings is a Behavioural Psychologist specialising in media and news analysis in broadcasting, a TV and radio personality, a TV Duty of Care Psychologist and an Award-winning Dating and Relationship Coach. Jo also specialises in the psychology of celebrity behaviour and includes many celebrity clients in her private counselling rooms.

With daily appearances on national TV and radio, she also contributes to a number of newspapers and magazines including weekly celebrity features for The Sun, both in the US and the UK.

Recent examples of Jo's work for The Sun on Celebrity Culture:

<https://www.thesun.co.uk/fabulous/24534264/travis-kelce-dopamine-hit-car-collection-trouble-taylor-swift/>

<https://www.thesun.co.uk/tv/24427233/jimmy-savile-celebrity-big-brother-the-reckoning/>

<https://www.thesun.co.uk/fabulous/24353425/britney-spears-spends-superficial-glitz-mask-pain-divorce/>

She conducts research and is an Ambassador and Spokesperson for many PR campaigns, providing expert insight and commentary into some of the UK's leading brands and products, including Samsung, Purina, HSBC, Ofcom and Google.

Much of her work is as an Assessment, Duty of Care and Welfare Psychologist, supporting contributors through reality, news and documentary TV series. Recent series include Married At First Sight and First Dates. Recent public speaking engagements on mental health and wellbeing include The British Science Festival and the National Association of Anaesthetists.

Jo has over 30K followers on X @TVPsychologist

Website <https://www.johemmings.co.uk/>

For full details visit us at: www.limelightmanagement.com
To make any enquiries please email us: mail@limelightmanagement.com

Limelight Celebrity Management Ltd

10 Filmer Mews 75 Filmer Road London SW6 7BZ Tel:+44 (0)20 7384 9950 Fax:+44 (0)20 7384 9955
Email: mail@limelightmanagement.com Website www.limelightmanagement.com
Registered office address: Lynwood House, 373 - 375 Station Road, Harrow, Middlesex, HA1 2AW
VAT Reg No: GB649273507